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## **Hitting the walking trails on an adventure tour to the US**

Many parts of the US are home to some spectacular places ideal for walking and hiking, from the incredible Grand Canyon to the sparse and beautiful desert surrounding Las Vegas.

Two of the best states to visit for a walking holiday are Arizona and Utah, both home to impressive landscapes ideal for exploring on foot.

### **A hiking holiday in the state of Utah**

Some parts of the state of Utah are inaccessible to anyone other than those on foot and therefore a visit to the region could afford people the opportunity to experience things which many others will never get the chance to. Before heading off on a walk in a remote part of Utah, visitors should seek the right advice and make sure they have taken all the necessary precautions.

One of the most famous parts of Utah for hiking is the Wasatch Front, which is home to a breathtaking mountain range and is a great place to visit on any walking holiday to the US.

The area boasts the Ogden River Parkway, which stretches for more than three miles and is popular with walkers, cyclists and fishers alike. It runs alongside the banks of the Ogden River and so can give people a picturesque view as they stroll along on a walking holiday.

While in the state of Utah on an [adventure tour](#), people should definitely also take the time to pay a visit to the Great Basin Region - an area of vast open space which is ideal for those looking to truly get away from it all on a hiking holiday to the US.

Those feeling particularly active on an adventure tour to the United States may want to try and climb to the peak of Mount Nebo, which offers the chance to look out over the landscape below from a height of almost 11,930 feet.

While this six-mile long hike may be taxing, a hiking holiday to Utah may really not be complete without a chance to look at the surrounding valleys from the top of the mountain.

Those looking for less of a challenge - but who still want to test themselves on a walking holiday - may want to tackle the Cat Canyon to Little Horse Heaven trail, which is located in the King Top Wilderness Study Area.

The overall walk is around six miles long and people on an [adventure holiday to the US](#) may want to set aside around five hours for the trek.

Brits tackling this trail could be interested in the vast changes which can be enjoyed along the walk - at points, the walking trail narrows to around ten feet, before opening up into a wide valley.

### **More walking through the Arizona wilderness**

Arizona, like Utah, is home to a number of national parks of America, most notably the [Grand Canyon](#), making it another perfect place to visit as part of an [adventure tour](#) across the US.

The Buckskin Mountain State Park - which is more than 1,670 acres in size - is a picturesque place ideal for all types of outdoor activity, from low-key and relaxing strolls to strenuous climbs and hikes.

Surrounded by impressive mountains, the park is ideally situated for exploring Parker Dam, which is the world's deepest dam. It crosses the Colorado River, straddling the border between Arizona and California and is an amazing 320 feet high -

235 feet of this is underneath the river.

Another great park for an [adventure tour](#) on a walking holiday is the Dead Horse Ranch State Park, which is some 423 acres in size. The Verde River runs through this impressive space, making it an ideal spot for hiking as well as fishing and other activities.

Nearby is the Fool Hollow Lake Recreation Area, which offers hiking, walking, sailing and fishing - as well as the chance to camp among trees which sometimes top some 100-feet tall.

Overall, the park covers 800 acres and the lake itself is a massive 150 acres. Its size makes it ideal for sailing on as well as walking around and taking in the scenery - lucky visitors may even be able to catch sight of one of the beautiful blue herons which can often be seen in the area.